

# Timberlane Regional School District Minutes Template

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## Wellness Committee Meeting

MINUTES:  
 SUSAN  
 RASICOT  
 MARCH 9,  
 2017

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<b>TYPE OF MEETING</b>	Wellness Committee Meeting
<b>FACILITATOR</b>	Susan Sherman, Co-Chair, School Board Member
<b>ATTENDEES</b>	Susan Rasicot, SLT, Debra Armfield, SLT, Elizabeth Rincon, SLT member Donna Green, School Board member, Patti Mangini, Kathy Dayotis, Atkinson Academy, Kate Sherman-DeRoche, Pollard School Nurse and Tim Lena
<b>AGENDA</b>	Wellness Fair

### Agenda topics

<b>DISCUSSION</b>	Wellness Fair	
Staff and board members assigned to volunteer stations for the Fair. A snow date is set for the next day in the same place.		
<b>CONCLUSIONS</b>		
<b>ACTION SECURE THE DATE FOR NEXT YEAR'S WELLNESS FAIR</b>	<b>PERSON RESPONSIBLE: PATTI MANGINI</b>	<b>DEADLINE</b>
Wellness Fair	Wellness Committee	March 15, 2017
Wellness Fair snow date	Wellness Committee	March 16, 2017

### MINUTES

<b>DISCUSSION</b>	Opioid Summit: Timberlane students attended an 8,000 attendee summit	
March 29, 2017 Middle School presentation by Jeff Hatch parent meeting and then the Superintendent, Police Chiefs, CLM and SOROCK will be available to set the tone for this event.		
District Committee should know about all events that are taking place so that the school board can support this information.		
<b>CONCLUSIONS</b>	All were encouraged to attend the Wellness Fair. Donate blood and participate in the Biometric Screening.	
<b>ACTION ITEMS</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>

### MINUTES

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<b>DISCUSSION</b>	Susan reach out to Lisa regarding the wellness activities for next year. Updates appreciated.	
<b>CONCLUSIONS</b>		
<b>ACTION ITEMS REQUEST HIGHLIGHT DISTRICT TECHNOLOGY</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>

**MINUTES**

<b>DISCUSSION</b>	Pollard School does a Wellness Day all day. Atkinson Academy is doing a before school activity where they come in early and do physical activities. Later in the evening the students will have activities with their parents.	
<b>CONCLUSIONS</b>		
<b>ACTION ITEMS</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
Susan reach out to all of the schools for wellness activities	Susan	3/20/2017

**MINUTES**

<b>DISCUSSION</b>	Tim Lena shared the upcoming theme of prevention that SOROCK is presenting. Upcoming contest for the student created Public Service Announcements. The presentation will be in the fall or late summer. Tim Lena will provide an update. Coalition is opening a Teen Center at the Grace Ministries in Brentwood, NH. Staffing with the Y staff.	
	Request for wrap up of events for the year in April, 2017 meeting from all Wellness Committee members.	
<b>CONCLUSIONS</b>		
<b>ACTION ITEMS</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>
Review the possibilities for a community wellness center	Donna Green and Tim Lena	Ongoing

<b>OBSERVERS</b>	
<b>RESOURCE PERSONS</b>	Who are the county resources that will assist the development of a building of a greater athletic wellness center.
<b>SPECIAL NOTES</b>	Wednesday, March 15, 2017 is the scheduled Wellness Fair and Thursday, March 16, 2017 is the Snow date.